

Student: _____

State Board Massage Exam

Y / N Sanitize before touching table or client

Y / N “Are you familiar with all the rules?”

_____ **“When you are done with a specific area, you must say “I am ready to move on”.”**

COMMUNICATION & ASSESSMENT

“This section will test your knowledge of indications and contraindications of massage and bodywork.”

- **Please state to all examiners 5 standard intake questions you would ask a new client. You already know your clients name, age and address.** _____

- 1.
- 2.
- 3.
- 4.
- 5.

Demonstrate Knowledge Y / N

- **Please state 3 additional questions you would specifically state to a client with** _____

- 1.
- 2.
- 3.

Demonstrate Knowledge Y / N

- **Name 1 technique that you might use for a client with _____.** (same pathology)

1.

Demonstrate Knowledge Y / N

- **Name 1 consideration for a client with _____.** (same pathology as above)

1.

Demonstrate Knowledge Y / N

“The previously mentioned pathology does not pertain to the remainder of the exam”

- **“Please identify 3 sites of caution or endangerment on the body.”**

1.

2.

3.

- **“Using active range of motion assess your clients _____.”** (joint name)

- **“Now please explain your range of motion findings to your client.” ”**

MESSAGE

“In this section you will be demonstrating competency in your preferred modality, as well as client interaction. For the hands on portion of the exam she will be your first time client. ”

- **“Please explain your modality to your client, and instruct her how to prepare for this session.”**

“You have indicated that you will be demonstrating a typical Swedish massage session. You have 10 minutes for your session. Tell us when you are ready to begin.”

___ / 5 **1. On your client outline the _____ and all of its attachments.**
O = *I =*

___ / 5 **“Name and demonstrate on your client the actions of the _____**

___ / 5 **2. On your client outline the _____ and all of its attachments.**
O = *I =*

___ / 5 **“Name and demonstrate on your client the actions of the _____**

___ / 5 **3. On your client outline the _____ including all attachments**
O = *I =*

___ / 5 **“Name and demonstrate on your client the actions of the _____**

___ / 5 **4. On your client outline the _____ and all of its attachments.**
O = *I =*

___ / 5 **“Name and demonstrate on your client the actions of the _____**

___ / 5 **5. On your client outline the _____ and all of its attachments.**
O = *I =*

___ / 5 **“Name and demonstrate on your client the actions of the _____**

“The final section of the exam tests your post treatment communication with your client.”

- **“Please list the immediate and longer lasting effects of a massage therapy session.”**

- **“Please list any post treatment activities you would recommend to a client.”**

“This concludes your practical exam.”