

Pathology Consideration / Question Flow Chart

Medication

1. Pain
2. Anti-inflammatory
3. Blood Thinner
4. Blood Pressure

Location

1. Effected Limb/ Joint
2. Locally Contraindicated
3. Work Proximal to Site

Pain Level

1. How Sensitive to Touch
2. Locally Contraindicated
3. Use of gentle METs

Positional

1. Most Comfortable Position on Table
2. Bolstering for Comfort (neck, side lying ..

Functional

1. What Motions Reproduce Pain
2. What Motions are Relieving
3. Active vs. Passive
4. ROM Restrictions

Special Techniques / Methods to Provide Relief

1. METs
2. Craniosacral
3. Lymph Drainage
4. Trigger Point
5. Treating Specific Muscles

Associated Conditions

1. Cancer
2. Diabetes
3. Thrombophlebitis
4. Sprains / Strains

Safety of Massage

1. Doctors Note
2. Is Massage Appropriate / Refer Client to Proper Practitioner
3. Is Condition Contagious
4. Risk of Increasing Inflammation

